

When-Then Rule Worksheet

Are you having a problem with your child? Do you have a hard time getting them to do something?

Write that under "my problem" below:

My problem:

What will you say to your child the next time you have this problem with them? Think of what your child likes to do. Write it under "my When-Then rule" below:

My When-Then rule:

When: _____

Then: _____

Try this with your child and after you try it, write down what happened here:
