

INFANT SAFETY

Before you bring your infant home, there are a few things you need to do to make sure your baby is safe.

- discuss the car seat with hospital staff so you know the right shape and size for your child. When your baby is in a rear-facing car seat, it's best if someone rides next to them to make sure their head doesn't slump over and suffocate them. Remember, never put a car seat in the front seat and always strap your baby into an approved car seat.
- be sure your baby has proper head support at all times. Your baby's face should be visible and close enough to kiss when they are being held.
- premature babies are at higher risk so be sure to ask for special instructions from your baby's doctor.
- place your baby on their back to sleep in a safety-approved crib with a safety-approved mattress. Never put pillows, blankets, a bumper, stuffed animals, or anything else in the crib with your baby. Instead, change your baby into a sleep suit to keep them warm and comfortable. Newborns and young infants should share a room, but not a bed, with parents.
- don't forget to talk to your baby's pediatrician to get the best advice on how to keep your baby safe!