

# *Listening to what your child needs*

Sometimes children misbehave because they are too tired, hungry, hot, cold, bored, wet, in pain, or have some other need they cannot take care of by themselves. The younger they are, the less able they are to tell you what the problem is.

When your baby cries, don't ignore them! Find out what they need and meet that need for them. This will help your child grow into a confident, secure child.

Even older children sometimes do not really know why they are upset. They may act whiny or fussy because they are tired or hungry. Once you know the problem, you can help them take care of it. So learn to listen to what your young child needs. Get to know your baby's cries or your toddler's whines.