Keeping Your Child Safe and Sound

The #1 job of parenting "just right" is protecting your child. This means you need to prevent problems before they happen as often as you can because your child does not understand that the world can be a dangerous place. It is up to you to teach your child what is safe and what is not; this starts with your home. Putting anything that could break or hurt your child out of their sight and reach is called "child proofing".   Doing this also means that you will have to say "no" to your child less often! Never leave your child home alone. If there is ever an emergency, your child must have a responsible adult or caregiver with them to help.

It is important to practice car safety as well. Everyone in the car should wear a seatbelt and children 12 and under should ride in a car seat or booster in the back seat of the vehicle.

Never hold your child in your lap. If there is an accident, the force of the impact will propel the child out of your arms and could kill or hurt them.

You should never leave your child in your car alone, not even for a few minutes. Always check your back seat before exiting your car to make sure you didn't forget your child. Bad things happen fast! A closed car can get hot enough or cold enough to kill an infant or child in minutes.