

The beauty of a good rule

Why do we make rules?

1. We have rules to protect children.

- Children don't know the world is dangerous and they don't know how dangerous they can be. We make rules to keep them safe, to keep them from hurting themselves, other children, pets, or objects in the house.

2. We have rules to keep children from having to make choices they're not ready for.

- They do not have the experience yet to make all their choices. Rules help them when they aren't old enough to make good decisions.

3. We have rules to get children ready for life in a world of rules.

- We live in a world where everyone has rules and laws and we want to help our children learn that it's usually best to follow the rules. This idea can help children get along better with others and avoid many problems later in life.

4. We have rules to make parenting easier.

- When you set clear rules and make sure everyone follows them all the time, then you won't have to work as hard at discipline because when children know what is expected of them, they are less likely to misbehave.